

NEW STUDENT ORIENTATION GUIDE



WELCOME MESSAGE



Welcome to the University of Sioux Falls!

We are excited to celebrate you becoming a part of our community of scholars and leaders! During your orientation experience, I hope you are able to get a glimpse of how USF empowers students of all backgrounds to make the most of their experiences and perspectives. Every day, I am impressed by our student community. Part of what makes our University so unique and powerful is the strong connections we have to each other and to our community. Our incredible faculty and staff prepare our graduates to hit the ground running, bringing bold new thinking and skills honed in innovation. And, of course, our driven students commit to a better future and know that they are the ones to make it our reality.

During orientation, you will learn more about our values, lingo, services, and resources that will help you be a successful student. You will also learn about the opportunities and responsibilities associated with being a student on our campus. We encourage you to take this time to meet your peers, faculty, staff, and advisors and explore your personal interests and areas of involvement.

As a new Cougar, take advantage of all the exciting opportunities and impactful resources available at USF. Position yourself for success by getting involved with leadership opportunities, student organizations that speak to your passions and interests, and student events and activities that will push you out of your comfort zone. Challenge yourself to explore new ideas and perspectives by getting to know fellow Cougars who look and think differently than you. We are delighted you are adding your talent, skills, and abilities to our institution. This is a place of infinite possibilities, where you will grow into who and what you want to become. There is so much to learn, and we are here to support you and offer advice to you as you transition to USF.

All the best,



Allan Idjao, M.Ed.
Associate Director of Student Life

ACADEMIC SUCCESS CENTER

Helping you succeed personally and professionally!

Individual Support

ACADEMIC COACHING

The Academic Success Center can help you organize your assignments, juggle the demands of both your classes and co-curricular activities, develop effective learning strategies, and maximize your use of campus resources.

Contact ASC@usiouxfalls.edu for questions or support.



TUTORING

USF provides students FREE quality tutoring in nearly every subject area.

+ ACCOUNTING, ANATOMY, CHEMISTRY, BIOLOGY, ECONOMICS,
EXERCISE SCIENCE, HISTORY, GREEK, MUSIC THEORY, NURSING,
PHYSICS, SPANISH, AND MORE

+ MATH & COMPUTER SCIENCE TUTORING CENTER

+ WRITING CENTER

+ OVER 3,500 HOURS EACH YEAR

Contact Sarah.Lems@usiouxfalls.edu for questions about tutoring.



LEARNING ACCESSIBILITY SERVICES

- + Services for students with documented physical, learning, or psychological disabilities
- + Accommodations vary based on individual documentation
- + Individual consultations provided

Contact Nicole.Dulaney@usiouxfalls.edu for questions about Learning Accessibility Services.

ACADEMIC SUCCESS CENTER

Helping you succeed personally and professionally!



SUCCESS STATISTICS


- + 99% of USF graduates secure employment or pursue graduate studies
- + 23% of USF graduates enroll in graduate or professional programs
 - + Over 85 graduate programs nationwide enrolled USF students in the past four years
- + 90% of graduates participate in internships, campus-based research, practicums, clinical experiences, field experiences, and/or student teaching experiences

CAREER SERVICES

- + Jobs and internships database
- + Resume and cover letter review
 - + Mock interview sessions
- + Graduate school application assistance
 - + Major and career exploration
- + Lifetime career services available for alumni

Contact Jessica.Carlson@usiouxfalls.edu for questions about internships and career services.

KNOW YOUR ADVISOR



They make suggestions but you make the decisions. Participate in your appointments and let your advisor get to know you and your needs. Your academic advisor is familiar with the courses you are taking and serves as your primary resource for degree requirements, as well as to provide a personal connection to services around USF.

Tips to use your Academic Advisor to your advantage:

- Prepare yourself for each advising appointment.
- Be knowledgeable about program requirements.
- Inform your advisor of changes that affect your academic performance and educational goals.
- Follow through on actions identified during advising sessions.
- Be aware that final responsibility for the actions you take rests with YOU.
- Educate yourself on campus policies and procedures.

SDV 100

Your SDV 100 is designed to help you navigate campus life while offering invaluable opportunities to connect with fellow first-year students. You'll also discover the abundant resources and support services USF offers all while becoming part of the COOcommunity, both in and out of the classroom. Your Orientation Leader will help lead your SDV 100 during your new student orientation experience, so utilize them to help you get connected with our campus community prior to the start of the year.



ENGAGE

SDV 100 will give you opportunities to engage and connect with the campus community and university resources.



EQUIP

SDV 100 will equip you to learn different ideas and thoughts that will challenge and prepare you for the rest of your time at USF.



EMPOWER

SDV 100 will empower you to achieve success in college and in life by learning different strategies that will help you be successful.



EXPLORE

SDV 100 will allow you explore academic, social, and career opportunities that results in a stronger sense of self, values, community, and potential.



WHAT IS MYUSF?

MyUSF is your learning management system, also known as LMS. It is your virtual learning environment where you can track and submit your assignments, view your course schedule, and access other important campus information and announcements.

How to Access MyUSF

- Head over to the USF main page.
- Scroll down to the bottom of the page and you click on "MyUSF" or simply type in my.usiouxfalls.edu/ics
- Login with your username and password.

Accessing Your Courses

- All course materials and assignments can be located under the "Academics" tab in MyUSF
- Under the Academics tabs, you can also access degree information and unofficial transcripts, request official transcripts, and registration for future courses

IT - INFORMATION TECHNOLOGY

The IT Office is available for all students who have any technology-based problems or if you have any technology related questions.

The IT Help Desk staff can:

- Service computers for preventive and corrective maintenance
- Diagnose hardware problems
- Show students how to configure their computers for Windows or Mac updates
- Help connect laptops to the wireless network
- Help install Office
- Troubleshoot basic computer/laptop issues

Need extra help?

- Call 605.331.6674 during regular USF hours
- Submit a work ticket via email to ITHelpDesk@usiouxfalls.edu
- Visit the IT Office in Jordan Hall 103

Computer Lab Locations

- Library Lab
- Glidden Lab - Room 115
- Science Center Lab - Room 207
- Science Center Lab - Room 216
- Cleveland Center Lab - Room 121
- Cleveland 2nd Floor Lab
- Jeschke Music Lab - Room 128
- Grand Island First Floor*
- Sullivan Hall Second Floor*
- Collier Baker Hall Second Floor*
 - Kroske and Burgess residents share this computer lab area

*=only accessible to residential students

Please note that the majority of computer labs on campus have access to printers. Some computer labs may only be swipe or code access depending on your major.

STUDENT ENGAGEMENT

USF is more than just a campus, it's a community. Over 30 student organizations and countless leadership and involvement opportunities are at your fingertips. USF is where engagement leads to your success. Don't miss your opportunity to forge your USF destiny!

COUGAR ACTIVITIES BOARD (CAB)

CAB is USF's student programming organization and is responsible for planning diverse, quality events for the campus community. CAB has a rich tradition and maintains a vital role in fostering school spirit and traditions, such as USF's Got Talent, Coffeehouse Live, Cougar Days, and much more! The great thing about CAB events is that they are FREE for all USF students!

LEADERSHIP & COMMUNITY ENGAGEMENT

USF provides countless opportunities with leadership skills and development opportunities through student organizations, community involvement, individual programs, experiential learning, and authentic connections. These students will develop lifelong leadership skills that can be utilized within diverse educational, social, and business settings. The experiences gain through these opportunities will influence the campus socially and culturally.

IMPACT STUDENT LEADERSHIP

IMPACT engages a select group of USF student leaders to grow in Christ-centered leadership. Through a range of student leader positions and experiences, IMPACT Student Leaders inspires, challenges, and trains students to be change agents who cast a vision for the campus and their areas of influence.



**WANT TO KNOW HOW
TO GET INVOLVED?**



605.331.6620



student.life@usioxford.edu



McDonald Center, Student Life Office



[@usioxford.studentlife](https://www.instagram.com/usioxford.studentlife)

USF TRADITIONS

As we continue to grow as a University and as a community, our student body has created traditions to expand and develop our Cougar identity. We invite you to explore these traditions and check back as our Cougar Pride grows and more traditions emerge on campus!



**CHEER ON OUR
VOLLEYBALL TEAM
AGAINST AUGIE**



**WALK AROUND
DOWNTOWN SIOUX FALLS**



RIDE THE COUGAR



**PARTICIPATE IN CULTURE
FOR SERVICE DAY**



**JOIN A STUDENT
ORGANIZATION THAT
YOU'RE INTERESTED IN**

10 TRADITIONS TO DO YOUR FIRST YEAR



**SHOW YOUR SCHOOL SPIRIT
AND ATTEND AS MANY
EVENTS DURING COUGAR
DAYS**



**CHEER ON OUR FOOTBALL
TEAM AT THE
HOMECOMING GAME**



**ATTEND YOUR FIRST LATE
NIGHT BREAKFAST DURING
FINALS WEEK**



VISIT FALLS PARK



**WALK THROUGH THE SIOUX
FALLS COLLEGE ARCH WITH
YOUR SDV CLASS AND TAKE
A PICTURE**

CAMPUS MINISTRIES

Campus Ministries is tied into every aspect of the University. Our Christian mission is a vibrant thread that pulls us together as a community. In Campus Ministries, we focus on loving Christ and serving Him. No matter what denomination you are, you'll feel welcome.

CAMPUS MINISTRY ADVOCATES

Our Campus Ministry Advocates foster an inclusive and welcoming community, deeper connection and reflection, and support students as they engage in meaning-making prayer, spiritual development, and discipleship.

THURSDAY NIGHT WORSHIP

Every Thursday Night of the semester, Campus Ministries hosts an all-student life worship service that provides an environment for relationship, transformation, and holistic learning.

DEEPEN YOUR FAITH

Throughout each semester, Campus Ministries hosts different spiritual life events and programming to further develop community and opportunities for forming friendships. Other faith based groups include but not limited to FCA, College Central, Intersity, Tre Ministries, Christ the King Newman.

RESIDENCE HALL BIBLE STUDIES

Bible studies provide a holistic spiritual formation approach to a student's residential experience. Every residence hall will have two Campus Ministry Advocates that foster and build life-giving, Christ-centered community. Their hope is that students will learn what it means to live life in community and put what they learned into practice.

SIoux FALLS CHURCHES

Campus Ministries partners with many churches in Sioux Falls that allow you to grow in your faith. We encourage students to get involved with a church to become more rooted in their relationship with Christ and grow in self-awareness, vulnerability, accountability, and prayer.

CONTACT US



605.331.6620



campus.ministries@usioxford.edu



McDonald Center, Student Life Office



@uscampusministries



WELCOME WEEK

Welcome Week is USF's welcome program that kicks off each semester and welcomes new and returning students to the campus community. All Welcome Week events are FREE for students and are hosted by various student leader groups, campus departments, and student organizations. Welcome Week aims to instill a sense of USF Pride, teach campus traditions, and expose students to campus resources and opportunities for involvement. Check the USF App or Student Life Instagram page for key events and schedules.

DON'T MISS THESE SIGNATURE EVENTS

CAMPUS MINISTRY BLOCK PARTY

August 27 | 7-9 pm | Science Center Plaza

HEADPHONE DISCO

August 28 | 7-10 pm | Stewart Center Gym

CLUB FEST

August 29 | 10 am-1 pm | Jeschke Patio

THURSDAY NIGHT WORSHIP

August 29 | 9-10 pm | Cooper's Cafe

COO CAB

August 30 | 8:50 am-2 pm | Look for the golf cart!



MARK YOUR CALENDAR!

Welcome Week will take place
from August 26-September 2





SECOND WEEK OF EVENTS

Who says the fun has to stop after the first week? We are still going strong to make sure you stay engaged and find your community. Check the USF App or Student Life Instagram page for key events and schedules.

DON'T MISS THESE SIGNATURE EVENTS

INTRAMURAL SAND VOLLEYBALL TOURNAMENT

September 2 | 4 pm | Riverdale Park

GET TO KNOW INTRAMURALS

September 3 | 11 am-1 pm | Cooper's Cafe

PART-TIME JOB FAIR

September 4 | 11 am-1 pm | Ward Lobby

NEW STUDENT CLUB INTEREST MEETING

September 5 | 10-10:50 am | Cleveland 122

USF OLYMPICS OPENING CEREMONY

September 8 | 8 pm | Cougar Statue

COUNSELING SERVICES

It's common for students to become overwhelmed by challenges. Counseling services can get you through it and provide support.

Attending college can be a significant transition. It's easy to become overwhelmed. We encourage you to reach out as soon as you feel the need.

If we can't help you, we'll refer you to college offices, community services, or emergency services that can provide additional support and care.

We provide students with the opportunity to speak one-on-one with a professional counselor about problems that could interfere with personal growth and academic achievement. Students may seek out counseling for concerns with family, roommates, relationships, stress, anxiety, adjustment to college life, academics, substance abuse, sexual assault, or depression. All services are confidential.

COUNSELING AT USF

Michelle DK
University Counselor
McDonald Center - Across from ASC
605.331.6619
michelle.dk@usiouxfalls.edu
counseling@usiouxfalls.edu

ASAP - AVERA STUDENT ASSISTANCE PROGRAM (COUNSELING)

Call 605.322.4069 24/7 to schedule

CAMPUS SAFETY & SECURITY

Mears Library
605.321.6400

SUICIDE & CRISIS HELPLINE

Call or text 988

ALL COUNSELING SERVICES AT USF AND ASAP ARE CONFIDENTIAL AND FREE TO ANY USF STUDENT. NO INSURANCE IS NEEDED.

WELL-BEING RESOURCES

Your overall well-being is deeply important to your success at USF. In support of you and your educational journey, we have partnered with groups on-campus and off-campus.

MEDICAL CARE

At USF, we partner with Avera Health to provide students with medical care. There are 13 primary care locations and 3 urgent cares, which means you have 24/7 access to experienced and dedicated providers when sickness or injury happens. Sanford Health is another option to consider for medical care.

Find your nearest Avera by visiting Avera.org/options or scan the QR.



TITLE IX

USF is committed to supporting the University's mission of maintaining an environment conducive to learning for all students and a professional workplace for employees. We take active measures to create or restore a respectful, safe, and inclusive environment for community members that is free from discrimination, discriminatory harassment, and sexual or interpersonal violence.

To report a Title IX incident or ask a question, scan the QR code.



CRISIS INTERVENTION

USF partners with The Compass Center to provide crisis intervention, counseling, and advocacy to children, adolescents, and adults (both male and female) who are survivors of domestic/dating violence, sexual assault, child sexual abuse, and human trafficking/sexual exploitation. All survivor services are free and confidential and the organization does not discriminate on any basis.

If you are in crisis and are in need of immediate assistance, please call 1-877-IN-CRISIS.

Scan the QR code to the left to learn more information about The Compass Center.



SUICIDE PREVENTION

USF partners with Lost & Found, which serves young adults with a variety of tools and experiences to reduce suicide risk. They envision a world in which no young adult dies by suicide and where tools and support for developing lifelong wellness are easily accessible.

Call or text 988 for free and confidential emotional support if you are in a suicidal crisis or emotional distress.

Text HOME to 741741 for any crisis and available anywhere in the United States. A live, trained Crisis Counselor receives the text and responds, all from a secure online platform.

Call or text 211 for information and support, whether financial, family, health, or disaster-related. The call or text is free and confidential.

Scan the QR code to the right to learn more about Lost & Found.



FITNESS

USF is limited to a small cardio and weight room in the Stewart Center. However, there are plenty of Sioux Falls wellness and fitness centers that offer a discounted rate for USF students only. Here is a small list of opportunities to help with your fitness and well-being goals. Please present your USF ID upon entrance.

Avera Fitness Center | 3400 S Southeastern Ave | \$45/month

Sanford Wellness Center | 4201 S Oxbow Ave | 10% discount on monthly memberships

Form Fitness | 2210 W 69th St Unit 150 | 10% discount on monthly memberships

Wellness Collective | 2333 W 57th St Unit 103 | \$40/month

FOOD PANTRY

USF's Cougar Cupboard is our food pantry on campus that provides non-perishable food and personal hygiene items to our student community. We don't ask for any information, but we do ask to write down what you have taken upon leaving the pantry. The Cougar Cupboard is located on the lower level of Mears Library and is open during regular library hours during the school year.

Our Savior's Lutheran Church (OSL) also has a food pantry available for both USF and Augustana students and offers a wider selection of non-perishables and some refrigerated and freezer items. Those who visit will be asked to show their USF ID, but no identifiable information will be collected or kept. During the school year, its hours are:
Wednesdays and Thursdays from 4-7 pm
Sundays from 9-11 am

OSL Address: 909 W 33rd St, Sioux Falls, SD 57105

DINING SERVICES

USF partners with Aladdin Dining Services to offer a wide variety of food. Whether you are craving a made-to-order sandwich, a salad, or one of our signature house creations, our hope is that you have something on the menu you love! Our rotating specialty concepts offer everything from comfort food to healthy options to global specialties and everything in between.

A Few Things to Know:

- All first-year and second-year residential students are required to have a meal plan--Unlimited Meal Plan or Block 175 Meal Plan.
- Commuter students are not required to have a meal plan but can choose to add one to their student account. Contact Student.Life@usiouxfalls.edu to add a meal plan.
- All USF students must present their student ID to purchase food items or drinks from the Dining Hall and Cooper's Cafe.
- Aladdin Dining Services offers healthy options to meet your individual lifestyle and nutritional needs—Vegan, Vegetarian, Gluten-Free, and Dairy-Free.
- If you have special dietary needs, please contact the Food Service Director at Kyle.Anderson@usiouxfalls.edu.

Ask a Dietician

All Aladdin offers a complimentary "Ask a Dietician" program. All USF students are welcome and encouraged to participate in this service program. Our dieticians can assist students in making educated food choices to help meet their nutrition goals or answer questions related to restrictive or medically prescribed diets. Scan the QR code to submit your question.

SCAN THE QR CODE TO VIEW THE MENU AND HOURS OF OPERATION



SAFETY RESOURCES

USF is dedicated to providing a safe, secure, and supportive environment. To help keep our campus community safe, familiarize yourself with our safety resources.

CAMPUS SAFETY & SECURITY

Campus Safety & Security provides 24/7 service to the campus community while placing a special emphasis on community-oriented policing that strives to foster a protective and accessible environment for all campus community members.

BLUE LIGHT EMERGENCY PHONES

You can also reach Campus Safety & Security through 2 campus emergency blue light phones by pressing the emergency button. You can also use blue lights to request safety escorts and medical support, or to report any other concerns while on campus.

SUBSCRIBE TO USF ALERTS

- Login to MyUSF with your username and password.
- Click on the link to make changes/manage alert subscriptions.
- Enter any phone numbers and email addresses to which you would like to receive alerts.

SAFE WALK / RIDE PROGRAM

In an effort to keep our students safe, Campus Safety & Security offers a Safe Walk and Ride Program that provides trained officers to safely escort community members on and around campus 24/7. Please contact Campus Safety & Security at 605.321.6400.

CRIME PREVENTION TIPS

- Be aware! Recognize your vulnerability and surroundings.
- Report all suspicious persons and activities to Campus Safety & Security.
- Keep your car doors and room door locked at all times.
- Do not prop open exterior doors. If you a door propped, close it.

CONTACT US



605.321.6400



usfsecurity@usiouxfalls.edu



Norman B. Mears Library



STUDENT RESOURCES TO KNOW

Your college doesn't only offer you classes. Your professor and the library aren't your only resources should you need help with your coursework. You're paying a lot for tuition—it's important to know USF campus resources available to you during your studies. From IT departments to advisors, here are some additional resources that will help you over the next four years and even after graduation.

IT AND TECHNOLOGY RESOURCES

You don't have to solve that computer issue on your own. USF has an IT help desk to help students with their technology needs. If you need assistance with getting a password reset for your college email or experiencing trouble with your laptop, you can call or visit the help desk located in lower level Jordan Hall.

NORMAN B. MEARS LIBRARY

Our library has an extensive collection of books, newspapers, and other resources for you to take advantage of. If you ever have a question about what's available or can't find a book, be sure to talk to a library staff member. They're there to help!

TUTORING CENTER

Many departments have dedicated tutoring centers for students. Faculty members choose advanced students who excel in the subject and can offer you their expertise. USF's tutoring sessions are free.

ACADEMIC SUCCESS CENTER

The Academic Success Center (ASC) is your one-stop shop for academic support and coaching, internships, part-time jobs, resume reviews, and so much more! They also provide advice and help you decide what to major in based on your strengths, goals, skills, and abilities.

FINANCIAL AID

Financial Aid staff have the knowledge to help you navigate the costs of paying for college and answer questions about your financial aid package. They can point you towards scholarships while also aiding with the Free Application for Federal Student Aid (FAFSA) questions.

REGISTRAR

The Registrar's Office maintains student academic records in compliance with federal, state, and local regulations. They provide support services related to enrollment, attendance, and the awarding of degrees.

STUDENT LIFE

The Student Life Office empowers and supports students with resources and opportunities for community, belonging, and transformative learning experiences. They're here to help you thrive and succeed at USF and beyond. Student Life offers a robust array of support services and intentional programming and learning opportunities to complement academic coursework and equip students to be the next generation of leaders, lifelong learners, and active citizens. From service learning to professional engagement, from mental health support to leadership development, Student Life is the student connection to exploring your passions and interests beyond the classroom!



ADDITIONAL RESOURCES

As a USF student, we want to make sure additional services are provided for our student community. Be sure to check them out and utilize these resources that are completely free to all students!



COUGAR CUPBOARD

Cougar Cupboard provides non-perishable food and personal hygiene items to any member of the USF community who is in need. The Cougar Cupboard is located on the lower level of the Library. It is open during regular library hours during the school year.



BIKE SHARE PROGRAM

USF provides free bikes for students to check out who need transportation from one location to another. Bikes can be checked out from the Library. Students must fill out a waiver form.



STUDENT BUS PASS

USF partners with Sioux Area Metro offering free bus passes for USF students. All you have to do is download the Token Transit App, fill out the form, and redeem your free pass.



STATE PARK PASS

Sioux Falls has many state parks for community members to enjoy. Students can check out a State Park Pass through the Library.



BOARD GAMES

Students can check out a variety of board games through the Library.



MOVIE RENTAL

Students can check out a variety of movies through the Library.



ONE BUTTON STUDIO

Do you need to record some content for your presentation or attend a Zoom meeting? The Library has two studios equipped with professional recording equipment, a one touch recording system, and Zoom compatibility. This is a great way to create a quick and professional recording.



MICROSOFT OFFICE 365

Office 365 Education for Students is available for FREE to students who are enrolled at USF. You'll receive free access to Microsoft Word, Excel, PowerPoint, Outlook, and more. Simply download and install Office 365 through MyUSF.



MAILROOM

The mailroom serves as a post office, FedEx, and UPS store all in one location. They sell stamps and offer a variety of shipping options. Students can pay with cash, check, or credit card. Packages with prepaid shipping labels can also be dropped off at the mail window. The mailroom is located inside Cougar Central.



AMAZON LOCKER

USF's Amazon Locker provides you with self-service delivery location to collect your Amazon packages 24/7. It is located outside by the stairs on the southeast lower level of the McDonald Center.

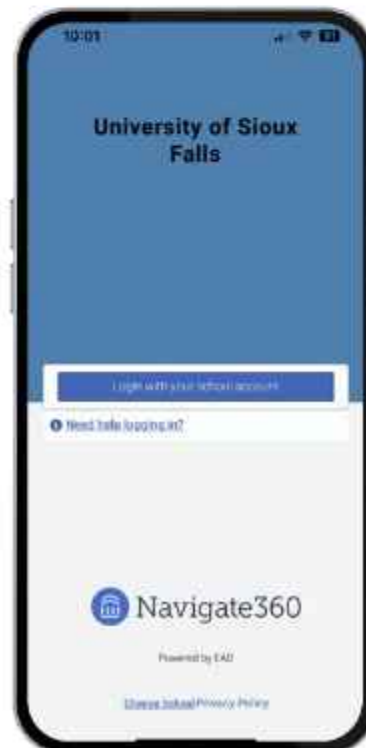


FREE LITTLE LIBRARY

The Free Little Library is located in the Upper Grand Island Parking Lot. We hope it helps build community, inspires readers, and provides 24/7 book access.

STAY CONNECTED

Want to stay connected after New Student Orientation? Follow @usiouxfalls.studentlife on Instagram, download the USF app and USF Cougars apps, and Navigate Student to engage with other departments and programs designed to support your success at USF.



YOUR SUCCESS CHECKLIST

Student success goes beyond just grades--it's a combination between academic, personal, and professional goals. This checklist provides a starting point for planning your college journey.

ACADEMICS

- Develop goal setting, time management, and study skills to prepare for your first semester.
- Check your USF email and MyUSF accounts regularly to stay updated with your class announcements and coursework.
- Track your degree progress each semester with your advisor.

BELONGING

- Meet new people, build relationships, and expand your worldview.
- Join student organizations and volunteer activities, explore your interests and build your skills.
- Explore Downtown Sioux Falls and explore the shops and restaurants.

COMPETENCE

- Meet with your advisor or an Academic Success Center staff member to develop a strong resume and cover letter.
- Find student leadership opportunities on-campus or off-campus to build your leadership skills.
- Build your financial confidence through Financial 101 sessions through the Student Life Office.



USF LINGO & ACRONYMS

Add/Drop - Students have until the end of the second week of the semester during which students can make changes to their schedules

ASC - Academic Success Center

Big Z - Zbornik Hall's larger lecture classroom located in the Salsbury Science Center

CAB/Cougar Activities Board - Student staff assigned to host large-scale free student events that contribute to each student's individual experience at the University of Sioux Falls

CLE - Cleveland Center building

CMA/Campus Ministry Advocates - Student staff assigned to a particular residence hall and floor and develop spiritual life activities and events

Co-requisite - A course or other requirement that must be taken at the same time as another course or requirement

Cooper - USF's mascot

Coop's/Cooper's Cafe - USF's coffee shop that serves Starbucks and a variety of snacks and drinks

Coo Cash - Dining dollars on your meal plan available for use at Cooper's Cafe

Dining Hall - USF's cafeteria or also known as the Caf

FA - Fine Arts Center building

FERPA - Federal Educational Rights and Privacy Act - privacy of educational records

GLD - Glidden Hall building

GPA - Grade Point Average

Holds - A flag placed on your student account that can prevent you from registering for classes, requesting official transcripts, and/or receive your diploma

J - Jordan Hall building

Liberal Arts Core - General education requirements required by all USF students

LIB - Library

Little Z - Zbornik Hall's smaller lecture classroom located in the Salsbury Science Center

MCD - McDonald Center building

MyUSF - Your learning management system to access course materials, submit assignments, and view grades

Navigate - An online student academic app to access your class schedule and helps connect you to your advisor and academic resources

Office Hours - Time that professors are scheduled to be in their office to be available for questions, one-on-one meetings, etc.

Prerequisite - A course should be taken before another class

RA/Resident Assistant - Student staff assigned to a particular residence hall and floor and live with students of that area to ensure the safety of residents.

RD/Resident Director - Professional, full-time or graduate assistant, live-in staff members acting as a resource for students in areas such as campus information, university and residence hall, policies and procedures, and developing residential activities and events.

OL/Orientation Leader - Student staff whose primary goal is to assist incoming new students and their families with the transition to USF

PRC - Pierce Hall building located in the lowest level of the McDonald Center

SC - Salsbury Science Center building

SDV - Your Student Development course as a first-year student at USF

SSU - Salsbury Student Union located on the same level as Cooper's Cafe in the McDonald Center

Smash Club - Large green area between Burgess Hall, Collier-Baker Hall, and Cleveland Center

SWC - Stewart Wellness Center building

Syllabus - An outline of a course's content, goals, assignments, grading policies, etc.

USF App - An online student social app to connect, build community, and centralizes student communication

USF ID - Your student ID

Withdrawal - Dropping a course after add/drop deadline. A grade of a W will be recorded; it does not affect GPA.

Work Study - A part of financial aid packages; money set aside for students to earn at a part-time campus job

CAMPUS CONTACTS

ACADEMIC SUCCESS CENTER

asc@usiouxfalls.edu | 605.331.6740

ATHLETICS

athletics@usiouxfalls.edu | 605.331.6791

CAMPUS SAFETY & SECURITY

usfsecurity@usiouxfalls.edu | 605.321.6400

COUGAR CENTRAL / BOOKSTORE

bookstore@usiouxfalls.edu | 605.331.6610

COUNSELING - USF

counseling@usiouxfalls.edu | 605.331.6619

COUNSELING - AVERA STUDENT ASSISTANCE PROGRAM

Call 605.322.4069 24/7 to schedule

FINANCIAL AID

financial.aid@usiouxfalls.edu | 605.331.6623

INFORMATION TECHNOLOGY (IT)

it@usiouxfalls.edu | 605.331.6674

MAILROOM

usfmailroom@usiouxfalls.edu | 605.331.6725

REGISTRAR

registrar@usiouxfalls.edu | 605.331.6650

STUDENT ACCOUNTS

studentaccounts@usiouxfalls.edu | 605.331.6640

STUDENT LIFE

student.life@usiouxfalls.edu | 605.331.6620

TITLE IX REPORTING

titleix@usiouxfalls.edu | 605.331.6683